

Everyday Carry Checklist (Urban, Rural, and Off-Grid)

Pocket Essentials (Everyday)

- ☐ Folding Pocket Knife (e.g., Spyderco Para 3, Benchmade Bugout)
- ☐ Flashlight (e.g., Streamlight MicroStream, Olight i3T)
- ☐ Lighter (Bic, Zippo, or Clipper)

Enhanced Utility (Optional but Recommended)

- ☐ Multi-tool or Pocket Pry Tool (e.g., Leatherman Wave, Gerber Dime)
- ☐ Firearm (Glock 19, Sig P365) [Only if legal & trained]
- ☐ Concealed Carry Holster (IWB, Kydex or Leather)
- ☐ Spare Magazine
- ☐ Fixed Blade Knife (e.g., ESEE Izula, Bradford Guardian 3)

Vehicle Loadout (Urban, Rural, Off-Grid)

- ☐ First Aid / Trauma Kit
- ☐ - CAT Tourniquet
- ☐ - QuikClot or Hemostatic Gauze
- ☐ - Chest Seals
- ☐ - Nitrile Gloves
- ☐ - Basic First Aid Supplies (Band-Aids, wipes, ibuprofen)
- ☐ Water (2-4 bottles or canteen)
- ☐ LifeStraw or Sawyer Mini (for water purification)
- ☐ Food (protein bars, jerky, trail mix)
- ☐ Jumper Cables
- ☐ Full-size Flashlight
- ☐ Paracord (25-50 ft)
- ☐ Portable Power Bank (charged)
- ☐ Charging Cables (USB/lightning/USB-C)
- ☐ Duct Tape (mini roll or flat-packed)
- ☐ Work Gloves
- ☐ Rain Poncho or Emergency Blanket
- ☐ Folding Shovel (optional)

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☐ Paper Map of Local Area